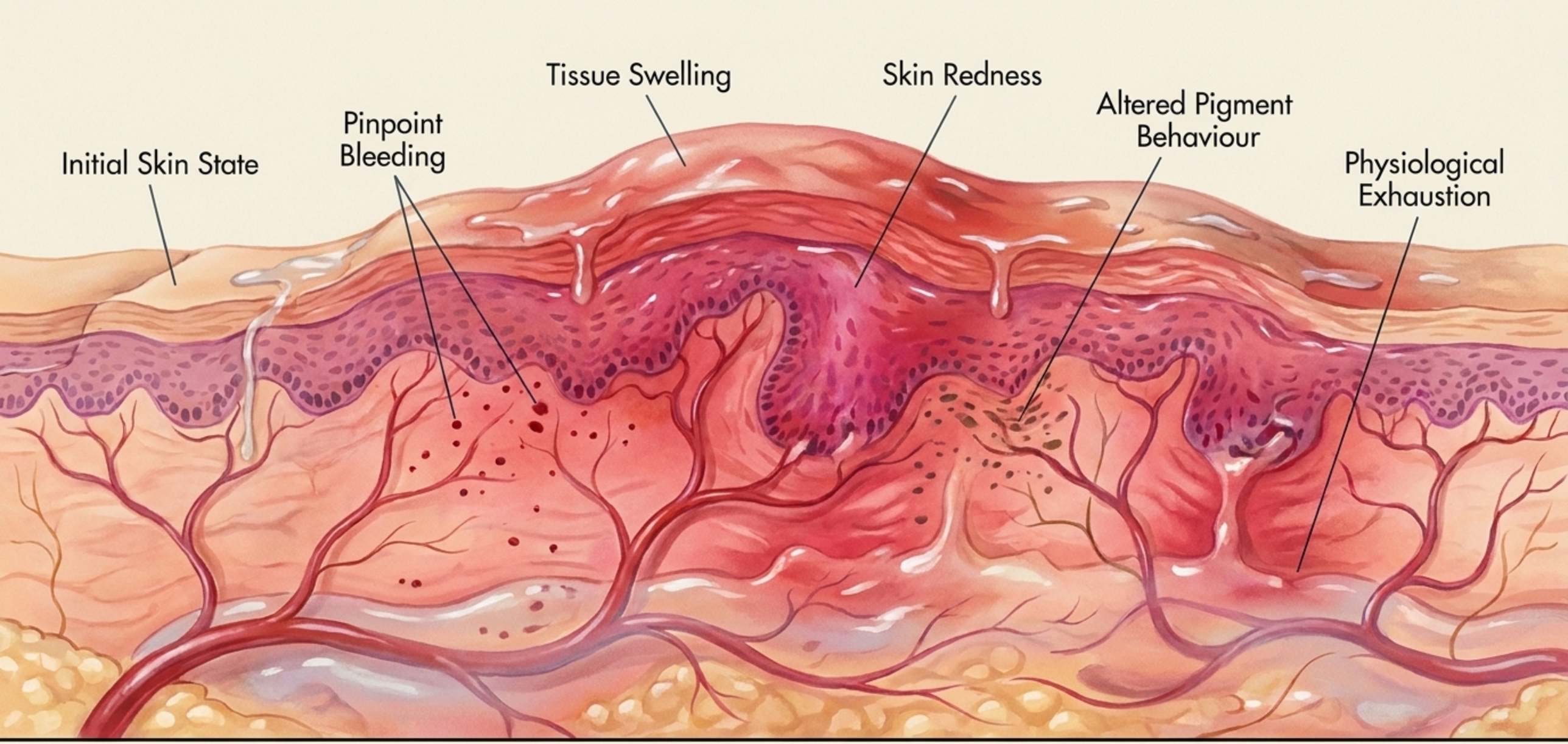

Thousands of controlled injuries cause accumulated fluid loss, inflammation, and bleeding over time.

The margin for error gets narrower.