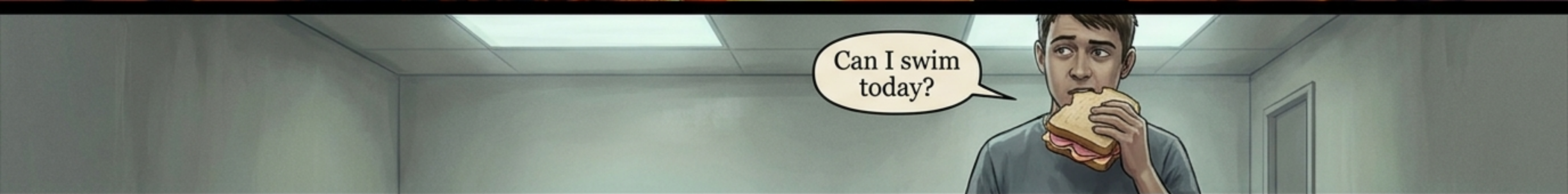




Decades of
profound truth.



Heed my
sacred words.



Can I swim
today?

In 25 years of working alongside piercers, I have learned that bad information about pain is the enemy.
A quarter century of profound anatomical wisdom is no match for a ham sandwich.