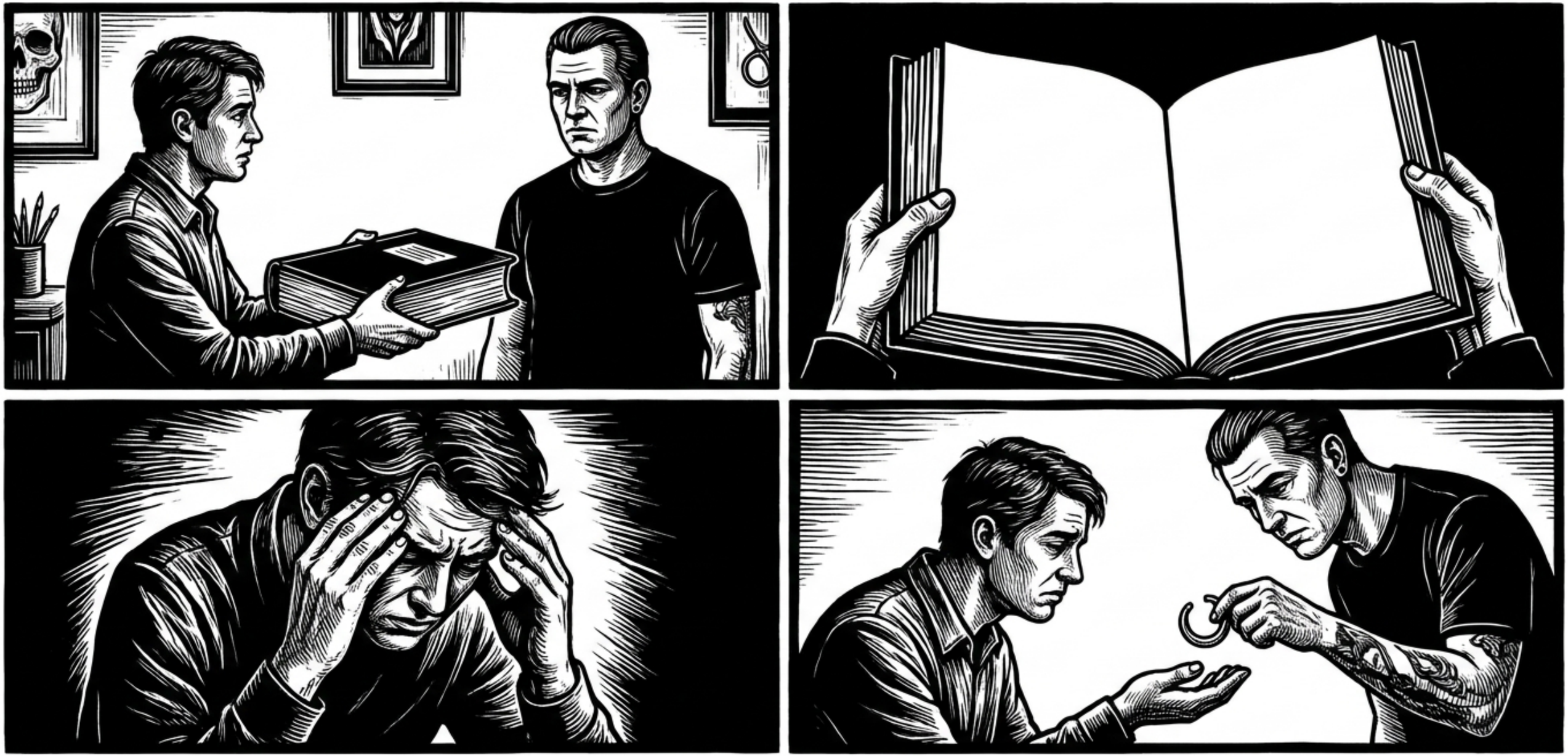

Randomised controlled trials testing daith piercing against a sham procedure for migraine relief have never been conducted.

The gold standard of evidence remains buried deep underground.