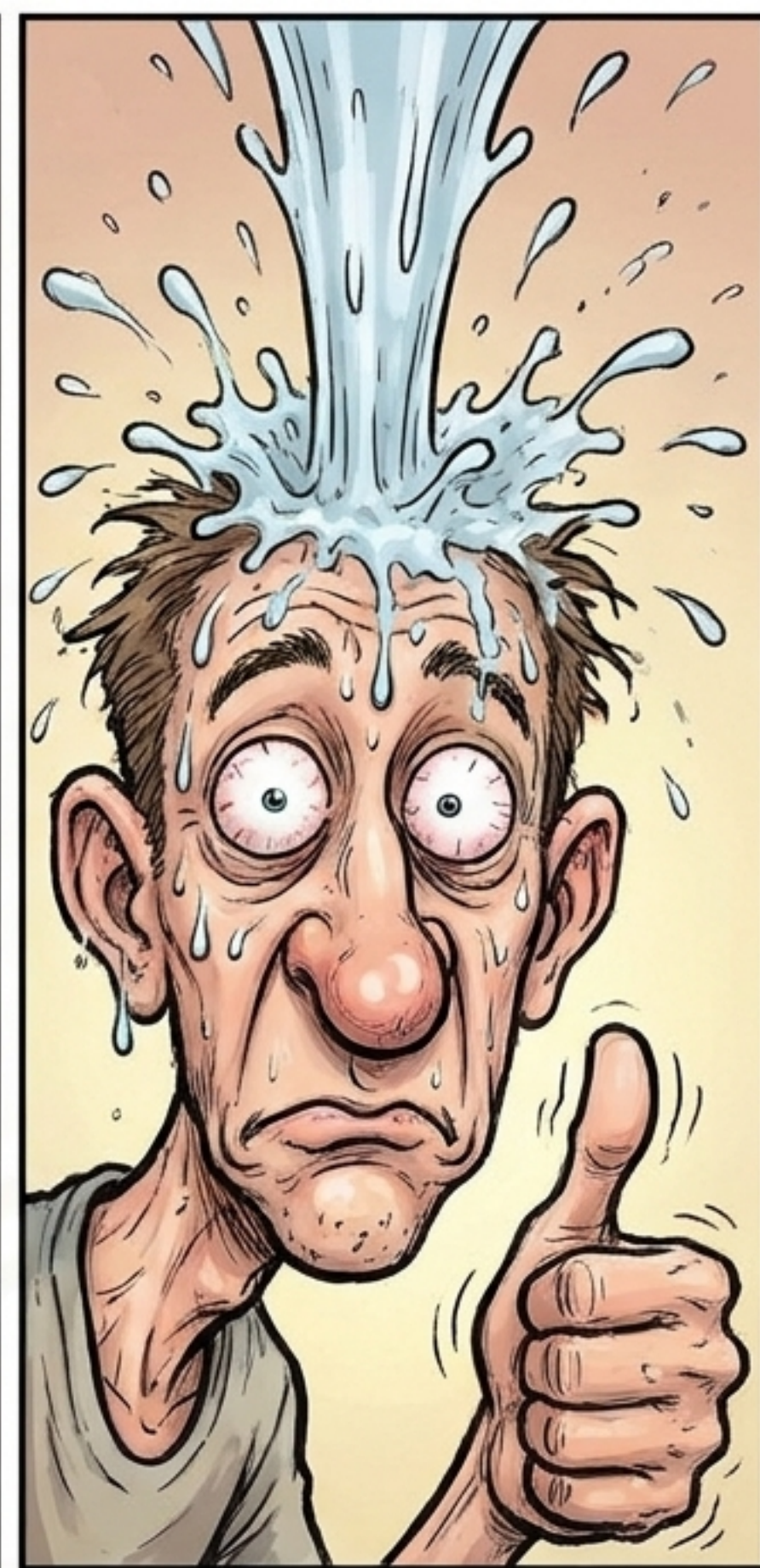




Pain or resistance means the stretch caused trauma and the next size must wait.

Sweating profusely is the universally recognized sign of total relaxation.