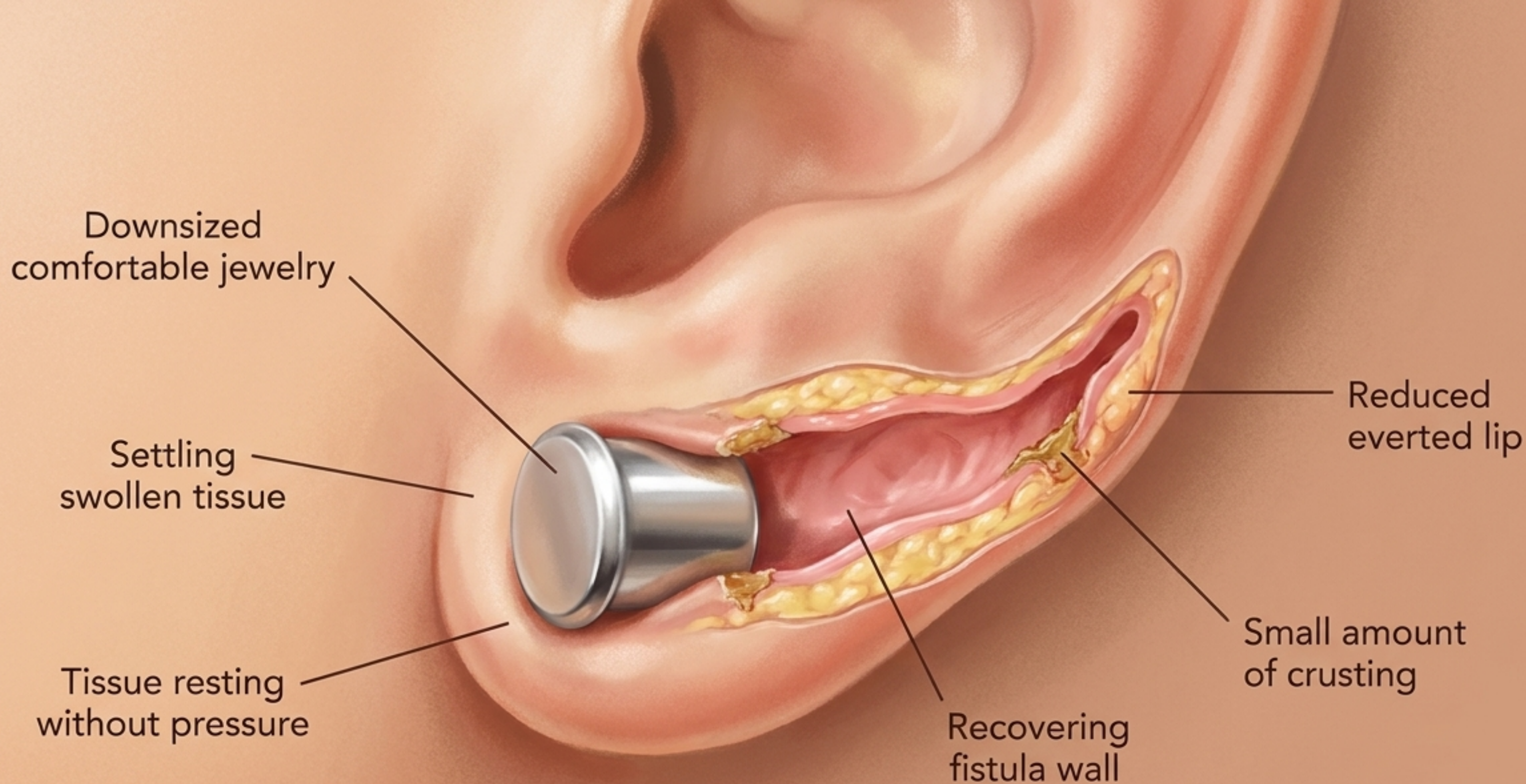




Returning to the last genuinely comfortable size reduces pressure and allows the lobe to settle.

DOWNSIZE AND AVOID MANIPULATION