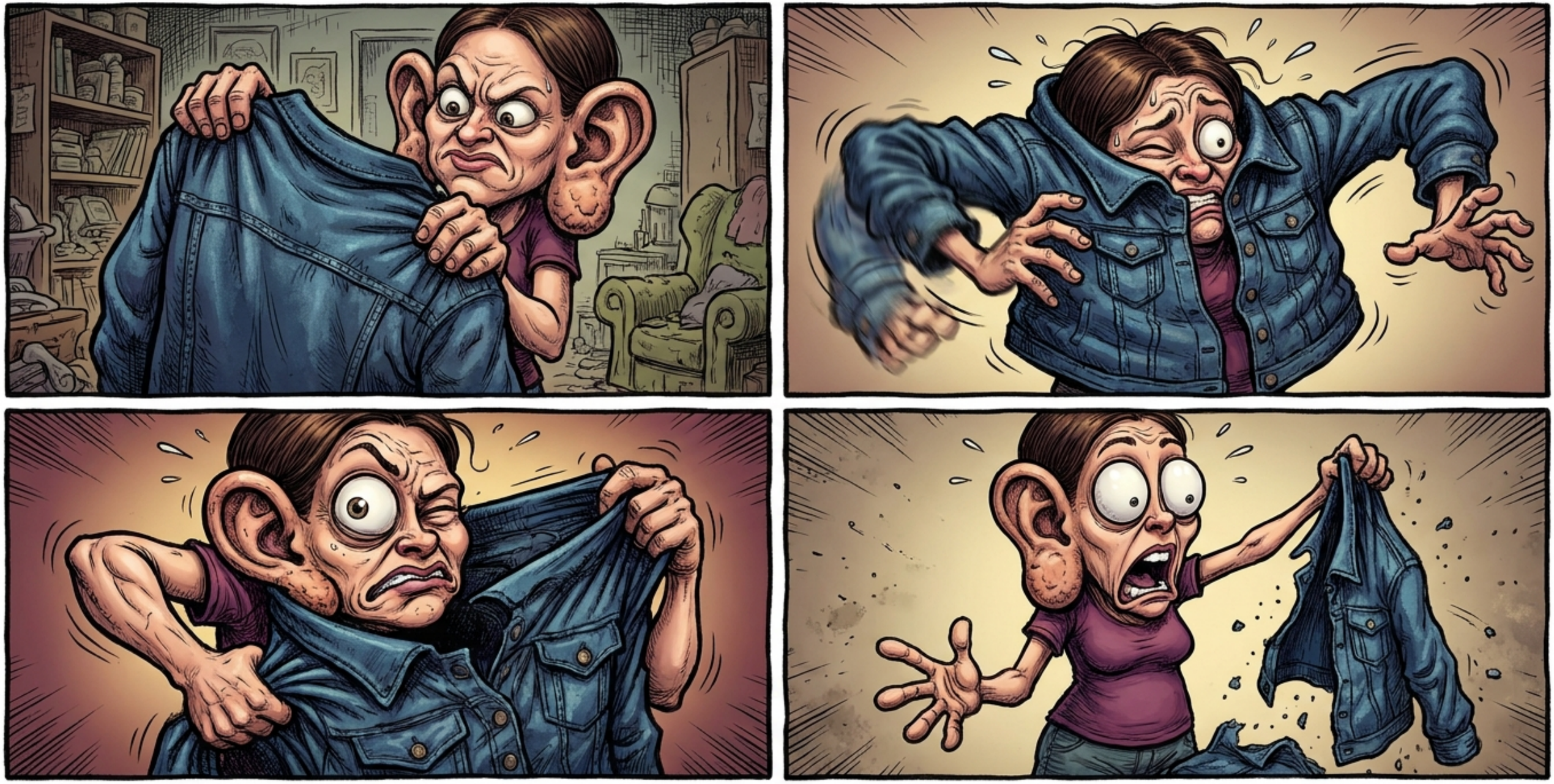

Every stretch produces micro-tears in the fistula wall that the body repairs with denser and less flexible collagen. Her lobes are currently tougher than her favourite denim jeans.