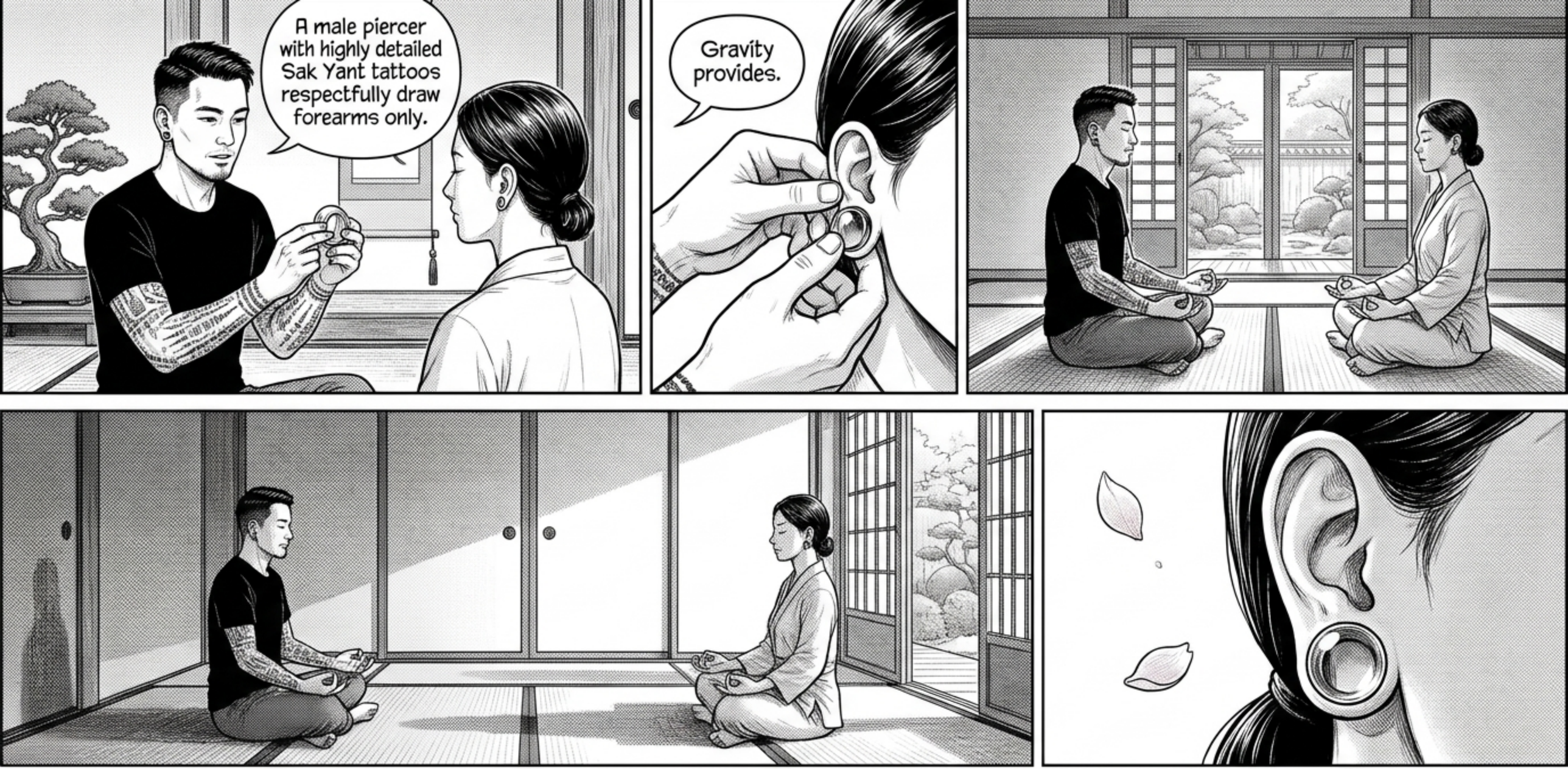

Inserting a new plug only when the ear has naturally relaxed produces cleaner and more uniform tissue. The piercer attained enlightenment simply by waiting for gravity to do all the hard work.