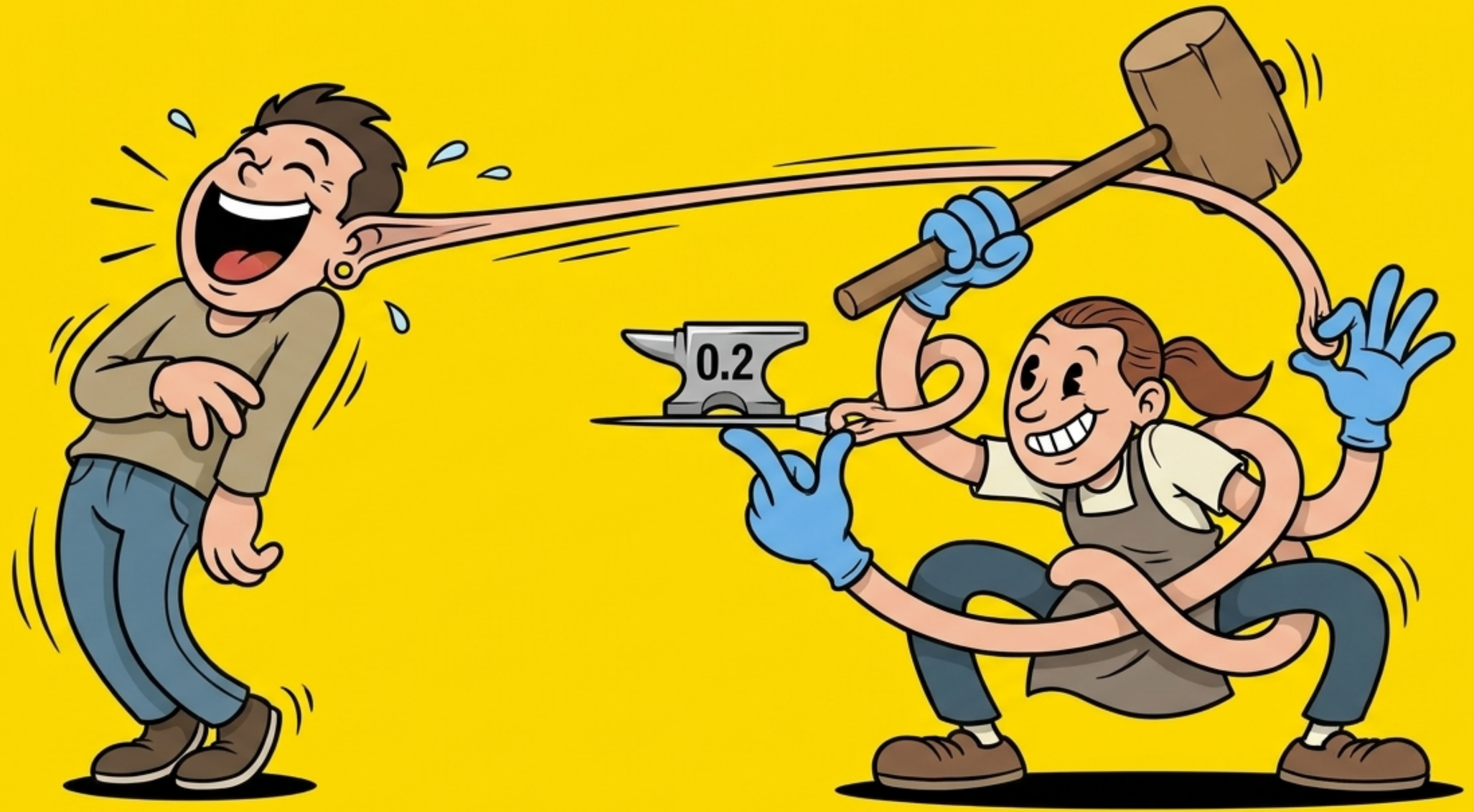

For posts inserted into pierced parts of the body, the commonly cited threshold is lower: 0.2 micrograms per square centimetre per week.

The fresh tissue requests a rather more delicate touch.