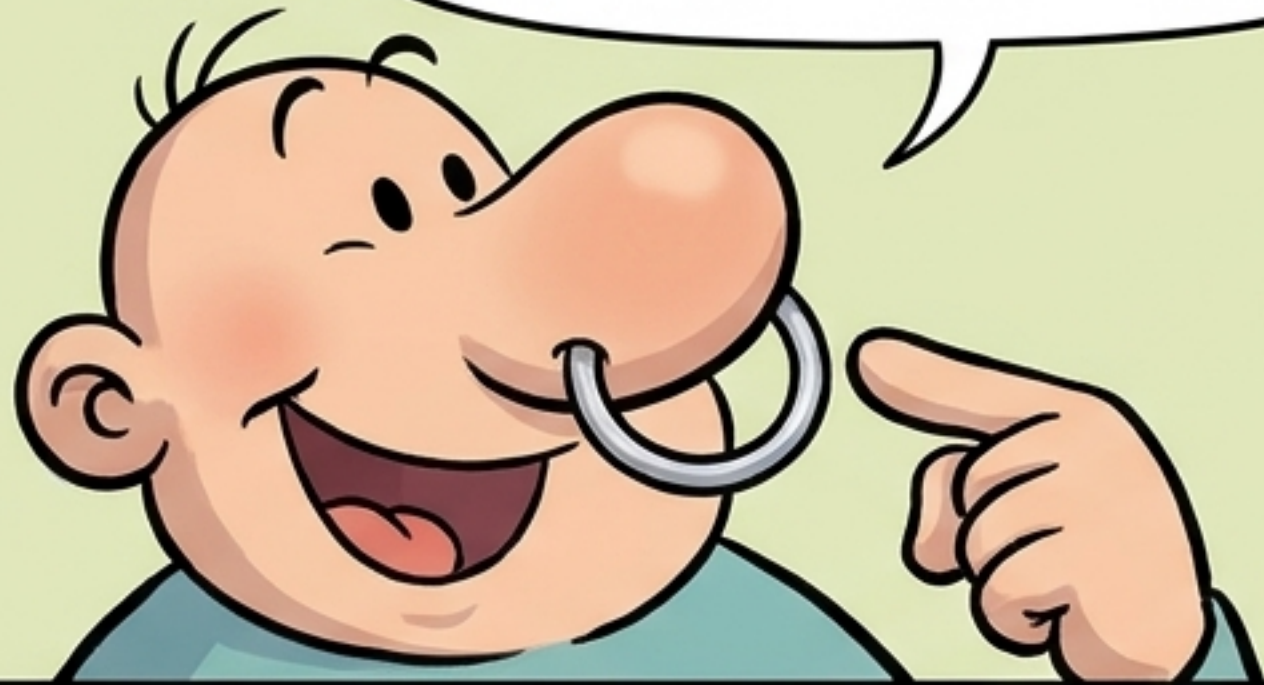


Nice continuous ring.



Sunny side up please.



A continuous metal ring forms a closed loop and can heat significantly.
Breakfast is served courtesy of physics.