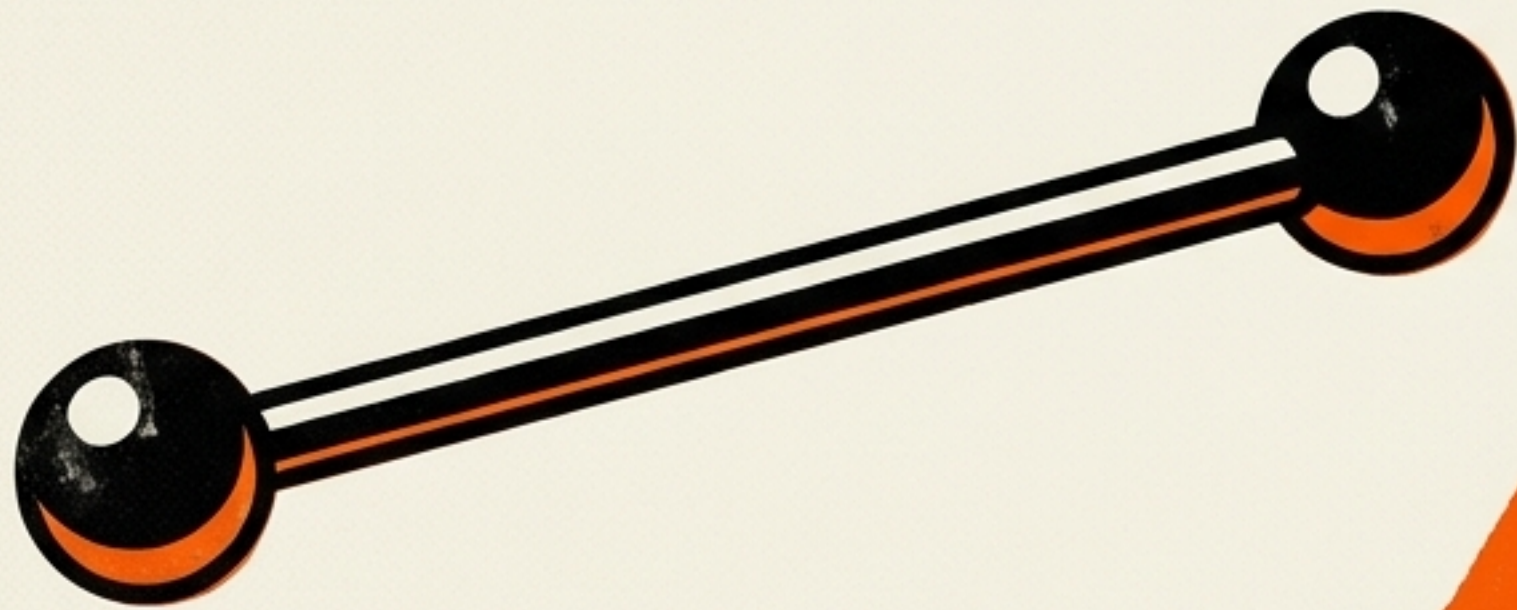
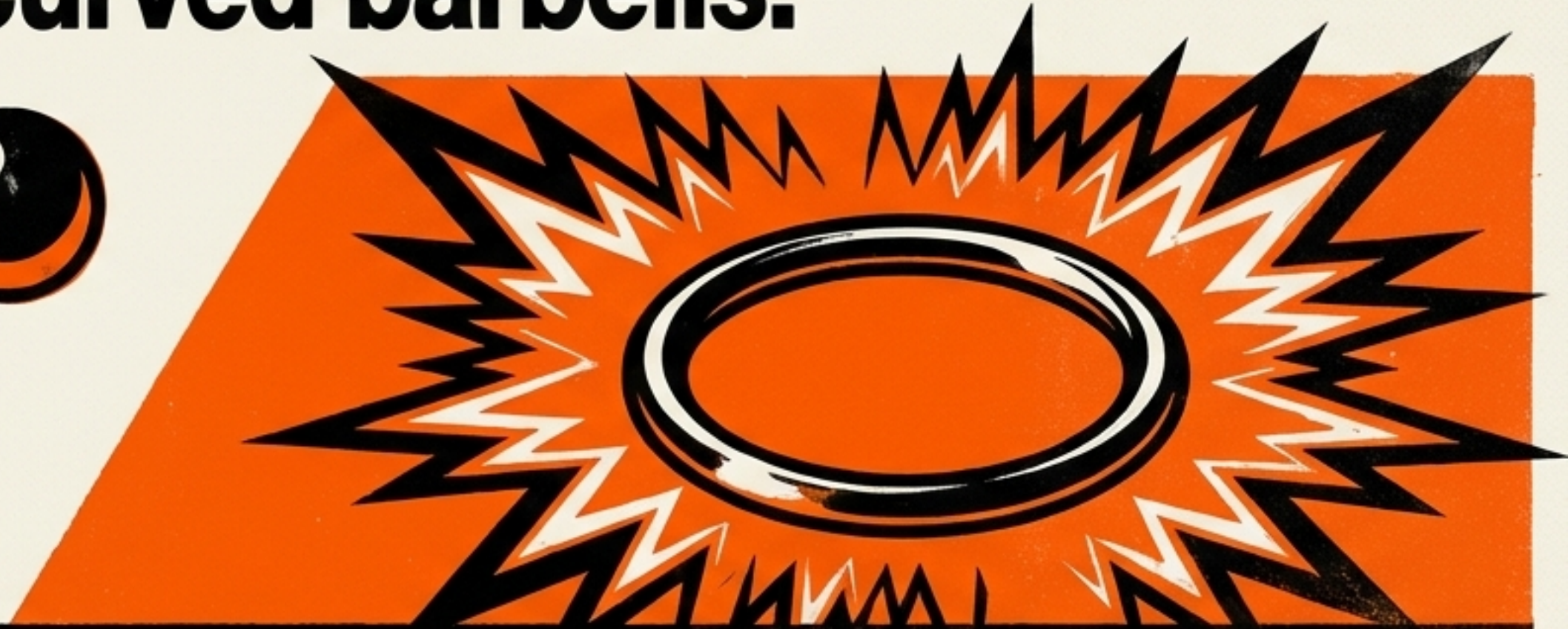


**Closed loops invite sudden radiofrequency heating.  
Do not wear continuous seamless hoops.  
Do not wear captive bead rings.  
Do wear straight or curved barbells.**



**A continuous metal ring forms a closed loop that traps heat.  
SWAP HOOPS FOR STRAIGHT BARBELLS**