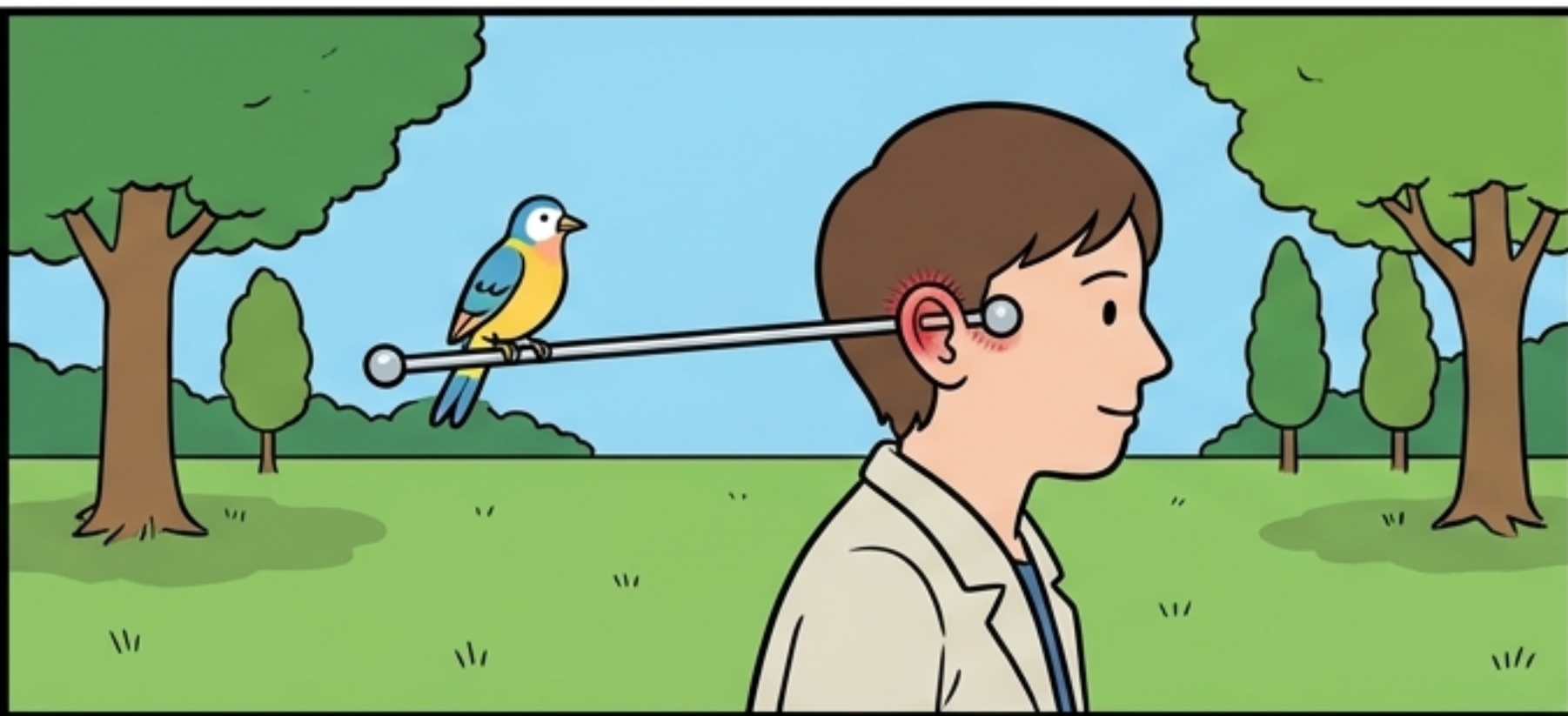




Barbells that are excessively long move constantly and act as levers on the tissue.
They also make terrible coat racks.