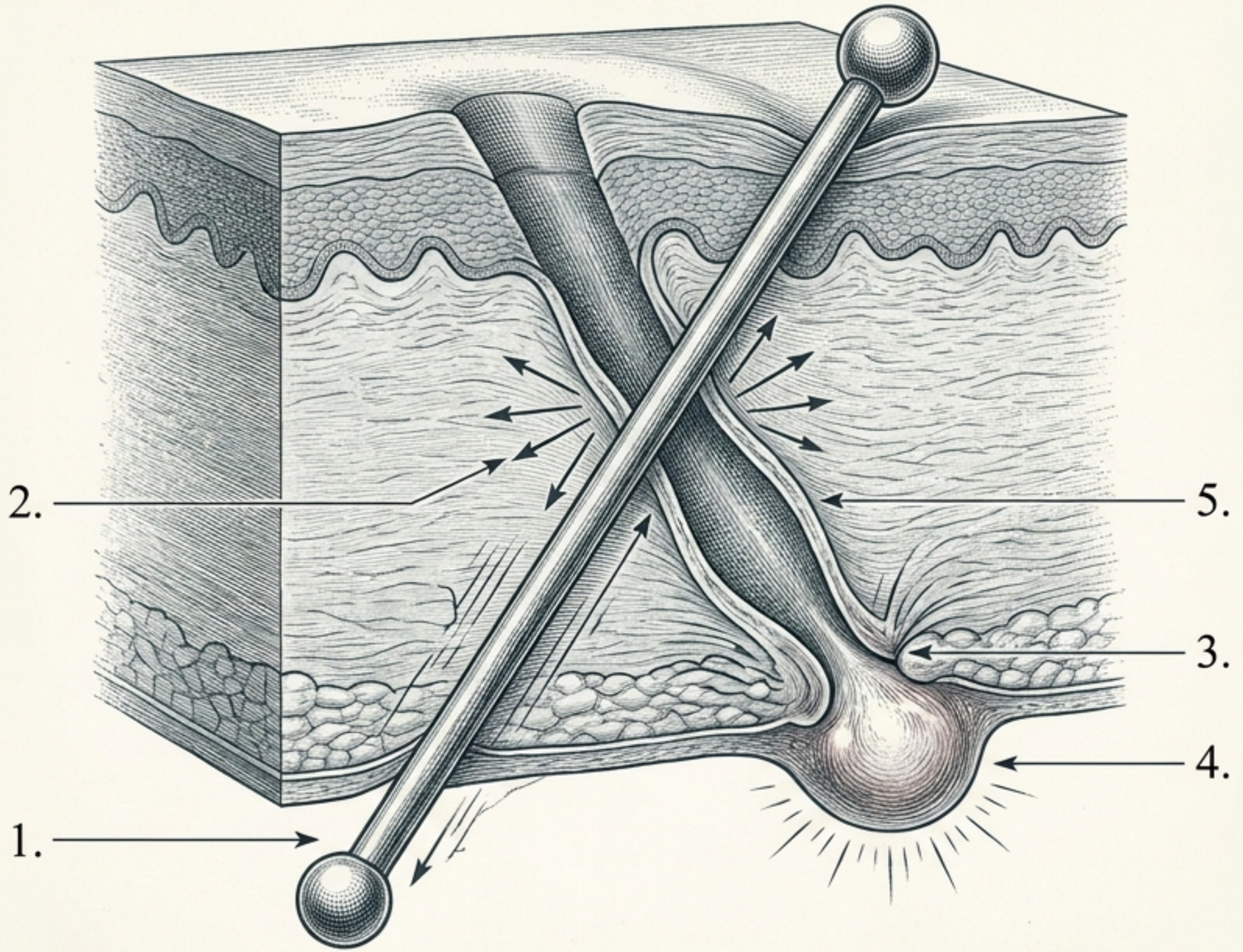
1. Long barbell lever arm 2. Force on the fistula 5. loft barbell
2. Force on the fistula 3. Exit hole pressure 4. Soft irritation bump
4. Soft irritatiod tissue tract



Excess jewelry length acts as a lever that traumatizes the fistula.
Downsize to stop trauma.