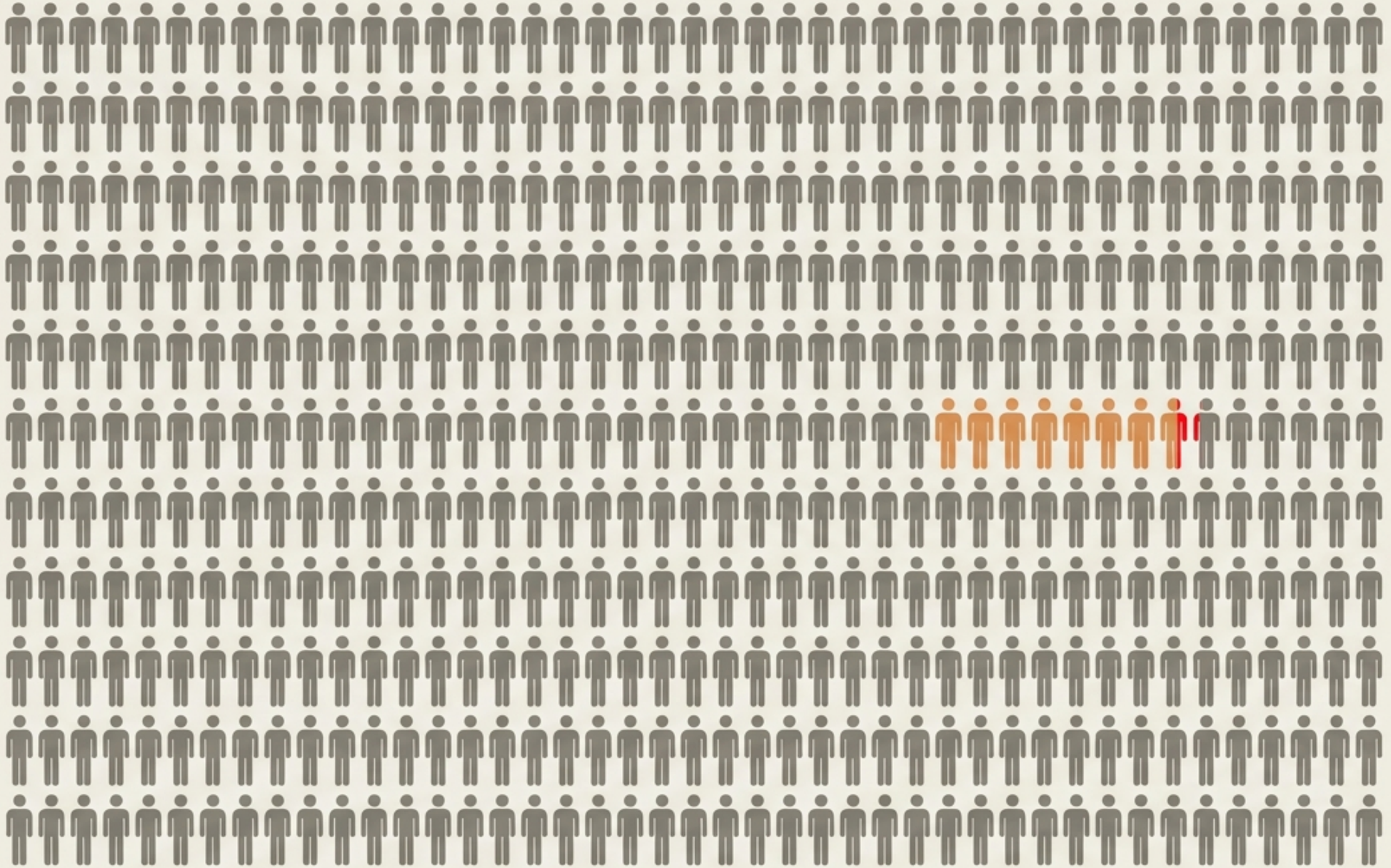


Relative risk increases look alarming in news headlines.

Absolute risk provides the true health scale.

Baseline risk sits at roughly **2.1 percent.**

A **21 percent** relative increase shifts absolute risk to 2.5 percent.

A 2024 Swedish study established a possible association but not causality.

Context Matters Most